MONARCH

November 1996
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A Student Publication of Saint Leo College

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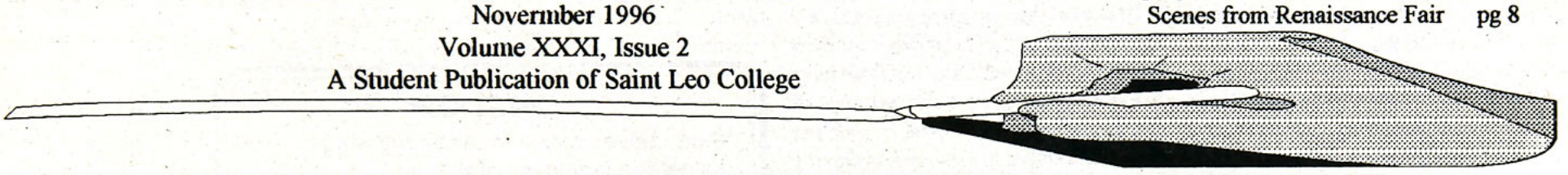


BOARD OF TRUSTEES ANNOUNCES NEW PRESIDENT OF SAINT LEO COLLEGE

by Mark Kane

On October 28, 1996, the Saint Leo College Board of Trustees announced that Dr. Arthur F. Kirk, Jr. will be the new president of Saint Leo College starting around January 1, 1997. Dr. Kirk will be moving into the office vacated by Monsignor Frank Mouch, who announced his retirement last June.

Dr. Kirk comes to Saint Leo from Keuka College in New York, where he served as President for thirteen years. Under his supervision, Keuka's total enrollment grew tremendously, and the college's endowment grew by upwards of 800%. Besides his administrative duties, Dr. Kirk also serves on the Board of Directors for the Council of Independent Colleges, and the Commission of Independent Colleges and Universities.

Dr. Kirk was educated at Kean College in New Jersey, where he earned both his B.A. and M.A. degrees. He received his Ed.D from Rutgers University in 1983; his dissertation is entitled ***Strategies to Affect the Survival of a Small College.*** He was honored as Distinguished Alumni of the Year in 1985 by the Rutgers University Graduate School of Education. He has also received honors from the Jaycees and was recipient of five Who's Who listings in the areas of Education and Finance, just to name a few. Dr. Kirk is married with two children.

The selection of Dr. Kirk came at the end of a nation wide search conducted by an independent firm. Dr. Kirk, along with two other finalists, was interviewed by an advisory committee made up of students, faculty, and staff that reported their findings to the Selection Committee of the Board of Trustees. Dr. Kirk was the unanimous choice of all three parties.

DAN McCOLLEY, SAINT LEO'S NEW DIRECTOR OF STUDENT AFFAIRS

I'd rather be respected than liked.

by Sylvia E. Torres

Since August 12, Dan McColley, Ed.D., has been Saint Leo College's Director of Student Activities. He comes to Saint Leo with a Doctor of Education in Adult and Higher Education [August, 1996] and a Master's of Arts degree in Education and Administration and Student Personnel [1989] from the University of South Dakota. His undergraduate degree is in religion and theater from Westmar College in LeMars, Iowa; he describes himself as "more of a director than an actor." Similar positions that he occupied in the past include Assistant Director of Student Life at the College of Notre Dame at Belmont, California, and Director of Student Union and Student Activities at Hamline University at Saint Paul, Minnesota.

As Director of Student Activities at Saint Leo College, Dr. McColley's responsibilities are numerous. He supervises four federal workstudy students: one who organizes weekend programs, one who operates Channel 61's electric bulletin, one who does general office work in Student Activities, and one who produces the Daily Say-So [which McColley calls "enormously important" to communication with students]. McColley organizes and initiates the orientation program and Fall Family Festival. He teaches the R.A. [Resident Assistant] class, EDU 115 Student Development, and as of next year, will

Have a wonderful
Thanksgiving vacation!

Photo by Justin Godfrey

facilitate The Handbook. He works closely with the new student orientation program.

Prior to joining the Saint Leo staff community, McColley had formed some opinions from research and talking with co-workers in Florida about the situation on the core campus that he was entering. One of these opinions was that Saint Leo's attrition rate is far too high; statistics show that only slightly more than half of the incoming freshman class choose to remain at Saint Leo into the sophomore year. McColley listed, in order of importance, the factors which affect an institution's attrition rate: 1] academic experience, 2] residence hall experience, and 3] orientation and student activities. By next year, McColley aims to have "something for students to do every single day of the semester." These programs will be coordinated by Student Activities, other Student Affairs Departments; RHA [Resident Hall Association], SGU [Student Government Union], student clubs; hall directors, and resident advisors.

Other of McColley's expectations about Saint Leo were that most of its students were Catholic and from Florida; that Saint Leo is not ranked as a selective college; and that alcohol would be a major issue he would face. After more than two months in his position, McColley's views on the student body have changed. "These are good students," he shared. He cites, specifically, the students' critical thinking ability as being stronger than he expected.

McColley favors "small private church-affiliated schools" as the institutions that offer the best undergraduate liberal arts education. These schools offer close contact with the faculty and staff. They also offer an open platform to discuss thoughts on values, morality, and educational integrity. On Saint Leo's Student Affairs Department: "[This is] the best Student Affairs staff I've ever been part of."

By the end of the academic year, McColley has certain goals which he hopes to have reached. He considers an alcohol education program essential to a campus which is dominated by 18-22 year old students. A non-credit leadership development program, open to all students, is also extremely important to Saint Leo College students. He hopes to set up clearer guidelines for off-campus events involving alcohol, including responsibility issues. An AIDS education plan is on his agenda to be in place by fall of 1997.

Communication with the students, according to McColley, "can always be better." He has planned a wall-size calendar for deChantel Hall where organizations can post event flyers. The Daily Say-So will soon be in circulation. The use of the student media [the MONARCH] and the relationship between the faculty and staff are important in improving communication in the Saint Leo College community.

NOTES FROM THE DESK OF THE EDITOR

An instructor that I like, value, and respect stopped me on the way out of his class: "I just want you to know that you're important to me and that I look forward to seeing you when you can make it to class." My dominant, skeptical side covered my blush of pleasure with the shade of doubt. "It's sarcasm;" I thought. "He's saying that I should try to make more classes." An embarrassingly indecipherable whirlwind of excuses formed in my brain, gathered in my mouth, and began to spring from my opening lips, when he smiled and reached out and took my hands. He then told me a story about a friend that he didn't take a chance to tell what he had just told me. It was to be his last chance because that friend was killed shortly after. This type of story, I've heard before, but I've never seen the impact of this experience lived so completely.

I'd like to take a moment to express ***my*** appreciation to the surprisingly numerous students, faculty, and staff that have extended their support and approval of my dream for the *MONARCH*. Such as it was, I ventured to sign my name to my opinion, thereby freely setting it to the eyes of all and the criticism of all. Most of the responses that I received were vocal; Mr. Duke, in the following letter, took a moment to jot down his thoughts. I thank him personally. But just for the record, Mr. Duke, I am not personally in favor of twenty-four hour visitation [When would I sleep if I were always visiting?]. This was simply an example [and I still think that it is a good one], my way of bringing into focalize an abstraction.

Sara Teasdale, an American poet and favorite of my mother's, reflects well my thoughts on the place of DISSENTING opinion in a person's life in her poem "Wisdom." It's short enough; I'll quote it here.

Enjoy!

WISDOM

When I have ceased to break my wings
Against the faultiness of things,
And learned that compromises wait
Behind each hardly opened gate,
When I can look Life in the eyes,
Grown calm and coldly wise,
Life will have given me the Truth,
And taken in exchange my youth.

\- Sara Teasdale

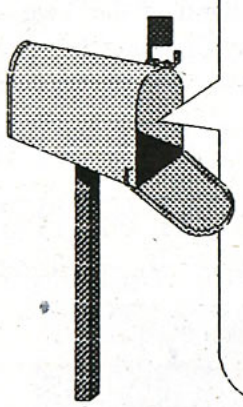
- Sylvia E. Torres
Editor-in-Chief

TO: Ms. Sylvia Torres
Monarch Editor
RE: First issue editorial
FROM: Raoul Duke

Reading Ms. Torres' October editorial about student dissent – or lack thereof – brought back a rush of memories as well as a period of reflection, which seemed all the more poignant as Election Day approached. As an older, non-traditional student attending the college, I can't help but frequently make comparisons between today's students and those who were my classmates in 1969.

I was attending a university in the New York metropolitan area and well aware that on any given day a demonstration could be ignited. I remember those days as not only exciting, but also confusing, sometimes frightening. The Viet Nam War, of course, was at the core of the advancing firestorm, and if the Nixon Administration as much as hinted it might escalate hostilities, there was little doubt that campus protests would flare up. It was exactly these displays of dissent that forced me to think about so many serious issues I had wanted to ignore. And that changed me forever.

The war, however, was not the only instigator of demonstrations. There were other causes: civil rights, unfair labor practices, the lowering of the voting age, tuition hikes, a new student union building, the supporting of faculty strikes. (But, alas, Ms. Torres, 24-hour visitation was not on the agenda.) The environment, too, was one of the major issues that concerned students as well as a great number of all Americans, and on April 22, 1970, the first Earth Day was held as a, sort of, dissent against pollution. It was an amazingly successful event that created an atmosphere of optimism, a much-needed ray of light in an otherwise dark time. No one then could have anticipated that within two weeks four students would be shot to death by Ohio National Guardsmen during a protest on the campus of Kent State and that, four days later, New York City construction workers would brutally attack protestors and force city hall to raise the flag it had flown at half staff in memory of the Kent dead and that, ten days later, two African-American students would be shot to death by police on the campus of Jackson State (Miss.).



Deliver articles for our December issue to the *MONARCH* mailbox in the Writing Center in Lewis Hall. Call Mark Kane at x 8732 with story ideas.

If Ms. Torres is indeed wondering what happened to student dissent, I think the events of the late sixties and early seventies might have, in part, done much to crush that rite of democracy. Although I never condoned the violent or destructive protests that sometimes took place, I still think it ironic that even peaceful demonstrations of dissent-for which the founding fathers made provision (and it's arguable they provided for much more)-were met with fascist tactics directly antithetical to the American system.

There is, however, at least one more factor that may be listed as a cause of dissent's death: Money. The best way I could explain this phenomenon is to recount an experience I had one splendid late-afternoon in November 1980. My friend and I were soaking up the last of a sun that was sinking behind the Washington Square arch. Two German tourists, apparently in need of debate or a fight, approached us, struck up a conversation, then began to vent their contempt for the United States. The two men- one a lawyer, the other a vestigial hippie- pronounced America and Americans disgustingly venal. My friend and I hadn't given much thought to the overall picture that our country presented or whether the Germans were correct in their assessment, so we engaged them not with resentment but with an earnestness that took them by surprise. (When you're sunning yourself in Washington Square, the last thing on your mind is doing battle.) What I will always remember was something said by the hippie- the more compassionate of the pair- who shook his head sadly, and asked, "Why is it that everything in America is 'how much?'"

It was as if he uttered an incantation because the country shortly thereafter fell under a spell: Corporations attempted to dismantle the Sherman Anti-trust Act, pulling off leveraged buyouts in record numbers. Companies downsized or shipped out. Stock and real estate speculation went berserk. And each day more citizens were transformed into financial cormorants screeching the war cry: "Greed is good." By the time the Avaricious Eighties ended, the economic playing field was left in a condition far worse than simply not being level, it was excavated.

When people are busy acquiring- or preparing to acquire- wealth, their list of things to do doesn't include dissent. Today's students, who are certainly aware that America is colonializing itself, may be preoccupied with nothing other than securing a career that promises to pay big money. Who's to say they're wrong? It may be the very thing to do to survive in a nation approaching occupational Darwinism. If this is truly the case, then students can ill afford dissent, because dissent is bad for business. This was an object lesson I learned as I witnessed many of my generation's chief dissenters scurry from their social and political activism to pursue the American Dream they once railed against so vehemently.

There was a time when I was inspired by two simple lines from T.S. Eliot's poem "The Love Song of J. Alfred Prufrock" in which the feckless Prufrock asks, "Do I dare/Disturb the universe?" I interpreted those words as a challenge that dared people to take a stand, to exercise their conscience, to, perhaps, make a difference. But, today, the more appropriate question to ask is "how much?"

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MONSIGNOR MOUCH ANNOUNCES RETIREMENT

by: Mark Kane

At the end of this semester Saint Leo College will say good-bye to College President Monsignor Frank Mouch, who, after almost a decade at that position, is retiring. Even though he is retiring, Monsignor hopes to keep his ties with the college, and maybe serve in another capacity in the near future.

When Monsignor Mouch arrived at Saint Leo in February of 1987, the appearance of the college, both outward and inward, was strikingly different from that of today. Upon entering the campus back in 1987, a student was not greeted with large cream-colored columns, or a thoroughfare laden with palm trees. Instead they drove, or walked, into a barren parking lot. There were also more students on campus then than there are now. The facilities that these students of a decade ago had at their disposal were nothing like the ones that we now take for granted. Ten years ago, there were no Alumni or Roderick Halls, and Henderson and Benoit were even worse off than they are today. We now have a computer lab in the library (which has also been seriously upgraded) and the Nightly Grind. While Monsignor Mouch cannot take full credit for all of these campus improvements, he certainly had a large part in every one.

Photo by Justin Godfrey

While these are great accomplishments that we are able to appreciate every day, there are certainly many others that are worth noting. We now have two graduate programs here at Saint Leo, in Education and Business. The latter is a couple of years old and already an astounding success. Monsignor expects the Education program, which is still in its infancy, to do just as well. The Environmental Science and Criminology programs, in particular, are flourishing. Monsignor Mouch is especially proud of the Criminology program, which is the only such program in Florida that meets all national guidelines.

Even with all this, there are still some things that Monsignor Mouch regrets not getting around to accomplishing fully. The one stressed by him the most is the lack of publicity that we receive as an institution. Most of this can be attributed to our location. He has been wrestling with this predicament for some time, and has made many strides. A good example is the Future of Cuba symposium held here last year. A handful of other articles about the college were printed in various newspapers last year. Along the lines of image, Monsignor has disposed of Saint Leo's "fun in the sun" label, and re-labeled it, in the public eye, as a serious place of study.

With all these great accomplishments, and with so many greater ones to come, why step down? Monsignor feels that always has to be some element of change. He feels that after ten years, "an institution needs a good shot in the arm" to keep things from becoming stagnant. It is safe to say that Saint Leo is far from stagnant, but as they say, all good things must come to an end. Our next President has a tough act to follow.

We wish you the best of luck in the future, Monsignor, and thank you for all you have done to improve the quality of our education at Saint Leo College.

EDITOR'S DESK cont.

TO: Ms. Sylvia E. Torres
MONARCH, editor-in-chief
FROM: Bob Dobalina

I am sitting at my computer at 7 am typing this editorial for one reason and one reason only. I CAN'T SLEEP! You ask yourself why can't he sleep, well that's quite easily explained. It is extremely difficult to sleep with a jackhammer pounding outside of your window.

If this was a one time thing it wouldn't be that much of a problem. However, being awakened in this manner almost every day for an entire semester is another story. I don't understand why the construction must start this early. Is it too much to ask to wait until a more decent hour such as 9 am or 10 am.

The construction work is not the only reason behind this editorial. It just serves as an example of the way the entire college seems to be run. There seems to be a students second mentality in regards to certain aspects of this place. A major case in point is the service in McDonald cafeteria. Several students have mentioned that the quality of food has gone down since last year.

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Specific complaints range from poor selection of food to stale or moldy bread. Although the cafeteria workers will prepare special meals for the students, this is often a hassle and takes an inordinate amount of time.

A related topic is the closing of the cafeteria to students when they host a reception or some sort of dinner for a party not within the college community. In that case, the students are herded down into the Cage or out by the lakefront, and the food selection is even more limited than normal. It seems that the students should have first priority for the cafe and that other receptions should be planned around the established dining hours.

This editorial is not meant to be taken as an attack of the administration, because some fault does lie in the student body. While they complain and gripe amongst themselves, they do nothing to alter the situation. They seem to posses an apathetic, defeatist belief that nothing can be changed. Instead of creating a petition to change things or even voicing their concerns to the proper people, they just complain among themselves and deal with the inconveniences.

There are several ways in which the student can make their complaints known. They can talk to people at Residential Life or attend RHA or SGU meetings. They can even write an editorial or article in the MONARCH. The changes will not happen overnight, but they will happen.

TO CHEER OR NOT TO CHEER; THAT IS THE QUESTION

To: Ms. Sylvia E. Torres
MONARCH editor-in-cheif
From: Mr. Logic Himself

On Saturday, November 8, the St. Leo College soccer team played The University of Tampa in the S.S.C. championship game. Saint Leo lost a hard fought game 2-0, and should be congratulated on a great season.

The student body came out to the game in full force to support their team. Students were banging pots and pans, playing the drums, and painting themselves in support of the team. They cheered their hearts out, or should it be said, tried to cheer. Every time the cheering got "out of hand" it was broken up by the administration, campus security, and the Pasco County Sheriff's Department. It seems that the administration was made uneasy by the cheering because the game was being broadcast on television. It even went so far as one student being ushered from the field by a member of the Sheriff's Department. So much for home field advantage. No profanity was used by the enthusiastic crowd, who stayed behind the barriers during the duration of the game, so why the cause for alarm? It seems that a certain few were afraid that our reputation would be tarnished if the fervor of the crowd was tossed into TV land. This is unfounded. If I was a prospective athlete, I would want to play at a school where athletics was supported by the students. I wouldn't want to play for a bunch of stiffs.

1996 - 97 *MONARCH* Staff

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assistant editor Mark Kane
sports editor Gerard Stone
advertising manager Dr. Stephen Baglione
advisor Dr. Mark Edmonds

TWO BIG WINS PUT SAINT LEO AT HIGHEST RANKING EVER

The Saint Leo soccer team has achieved its highest national ranking ever, jumping to No.9 in this week's Division II poll. The team's previous high was No.11 reached earlier this season. The Monarchs had two huge wins this past week, defeating Florida Tech 2-0 and No.18 Barry, 4_1. The victories improved their Sunshine State Conference mark to 3-1-1, vaulting them into a tie for first in the SSC with the University of Tampa.

With their win over Barry on the 26th, the Monarchs kept their hopes of post season play andwinning a conference championship alive. Junior Gavin Redmond got the Monarchs on the board in the 25th minute, putting in a cross from Jon Akin. Barry tied the game three minutes into the second half on a chip over keeper Steve Boyle's head, but a hand ball in the Barry box, just 46 seconds later, set up an Akin penalty kick to put the Monarchs up 2-1.

The teams battled for the next twenty minutes, exchanging scoring opportunities, before Akin was taken down in the box to set up another penalty kick. Akin (a perfect 6-for-6 on PKs this season) beat the Barry keeper for his second goal of the game. Akin went on to put in another on an assist from Alfred Itaeli to notch his third hat trick and eighth multiple goal game of the season.

Akin leads all Division II players averaging 3.94 points per match. The sophomore has 25 goals this season and 13 assists for a total of 63 points. He leads the SSC in both total points and goals and is fourth in assists with 13. Senior Todd Debolt is fifth in the SSC in assists with 10 this season, while Wayne Murtagh is tied for ninth in goals with eight.

In the big win at Tech, the Monarch defense stayed hot, and Akin provided his usual offensive punch as Saint Leo defeated Florida Tech 2-0 on Wednesday night, the 23rd. Akin scored his sixth game-winning goal of the season with 39 seconds remaining in the first half, heading a cross from Murtagh into the corner of the goal.

S.I.C. 10/29/96

Akin went on to beat the Tech keeper again at the 77:41 mark. Keeper Steve Boyle, along with defenders Greg Vallee, Matt Villic, Ben Leudke, and Alan Henry, shut down the Panther offense for Saint Leo's third strait shutout. Wednesday marked the first time Saint Leo ever defeated Florida Tech in Melbourne.

The Monarch defense has been outstanding as of late, recording three straight shutouts before being scored on in the Barry game. The team has set the Saint Leo single season record for shutouts with six this season. The Barry goal in the 48th minute on Saturday ended a scoreless streak of 360 minutes by the SLC defense.

Keeper Steve Boyle, recording his fifth shutout of the season on Wednesday, tied the 22-year old mark of eight career shutouts set by Charles Haretta (1972-74). The Monarchs are also on pace to set the single season record for least goals allowed, and the best goals against average. In 16 games, the team has allowed just 15 goals, for a goals against average of .88.

1996 MEN'S SOCCER RESULTS

Date	Opponent	Affiliation	Site	Time/Result
Sept. 6	Franklin Pierce College	NCAA II	Saint Leo, FL	L, 0-1
Sept. 7	Merrimack College	NCAA II	Saint Leo, FL	W, 4-0
Sept. 13	Wingate College	NCAA II	Saint Leo, FL	W, 5-1
Sept. 15	Metropolitan State	NCAA II	Saint Leo, FL	W, 5-1
Sept. 18	University of North Florida*	NCAA II	Jacksonville, FL	L, 4-1
Sept. 21	Stetson University	NCAA I	Deland, FL	W, 4-0
Sept. 25	Flagler College	NAIA	Saint Leo, FL	W, 3-1
Sept. 28	Lynn University	NCAA II	Saint Leo, FL	L, 0-4
Oct. 2	Florida Southern College*	NCAA II	Lakeland, FL	T, 1-1
Oct. 6	New York Inst. of Tech.	NCAA II	Saint Leo, FL	W, 4-0
Oct. 11	Catawba College	NCAA II	Spartanburg, SC	T, 1-1
Oct. 12	USC-Spartanburg	NCAA II	Spartanburg, SC	W, 2-1
Oct. 16	Eckerd College*	NCAA II	Saint Leo, FL	W, 1-0
Oct. 19	Palm Beach Atlantic College	NAIA	Saint Leo, FL	W, 13-0
Oct. 23	Florida Tech*	NCAA II	Melbourne, FL	W, 2-0
Oct. 26	Barry University*	NCAA II	Saint Leo, FL	W, 4-1
Nov. 1	Augusta College	NCAA II	Augusta, GA	W, 4-0
Nov. 3	USC-Aiken	NCAA II	Aiken, SC	W, 7-1
Nov. 6	Rollins College*	NCAA II	Winter Park, FL	W, 2-0
Nov. 9	University of Tampa*	NCAA II	Saint Leo, FL	L, 2-0

* Denotes Sunshine State Conference Game

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From October 1 to October 11, the New Jersey Nets held their 1996-97 preseason work out at the Marion Bowman Activities Center at Saint Leo College. The ten day camp was topped-off with an intersquad game which was open to the public on October 10. Many Saint Leo students and local residents turned out to watch the professionals showcase their talents.

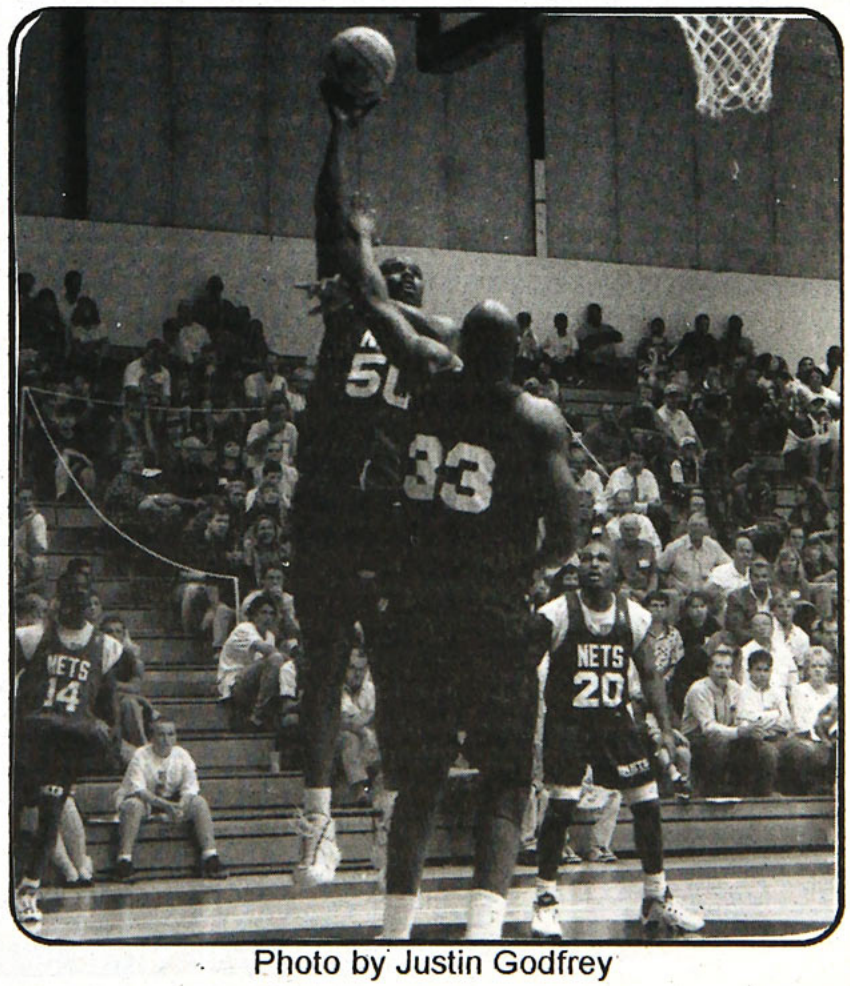


Photo by Justin Godfrey

WOMEN'S VOLLEYBALL

S.I.C. 10/29/96

The Monarchs dropped their first five-game match of the season, falling to Clearwater Christian College in Clearwater on Friday the 25th. Saint Leo attacked well but was hurt by defensive lapses as it was defeated 8-15, 15-10, 9-15, 15-7, 15-7. Sophomore April Phelan had seven kills and a hitting percentage of .417 for the match.

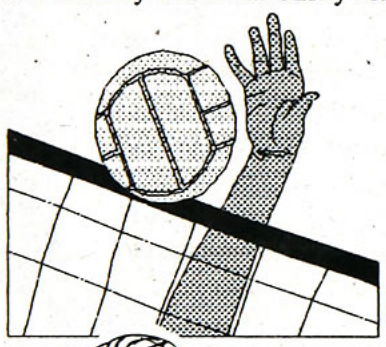
The 6-1 middle hitter also had six digs and three blocks, while Freshman Kristy Johnson also had a good day at the net, recording five blocks to go along with 11 kills. Stephanie Compton led with 18 kills, and Gretchen Graves had 36 assists in the loss.

The club also dropped two Sunshine State Conference games last week to fall to 0-10 in conference play. The Monarchs fell to Eckerd College on Wednesday night, the 23rd, 15-8, 15-10, 15-9. Stephanie Compton again led all hitters with 12 kills, while also contributing nine digs and two block assists in the loss.

Saint Leo was defeated by defending national champion Barry University on Saturday the 26th, 15-7, 15-6, 15-6. The Monarchs were held to just 28 kills and a hitting percentage of .078 while Barry finished with 50 kills and an attack percentage of .460.

On a lighter note, Phelan is still hanging around the top of the SSC in blocking. She is currently third, averaging 1.25 blocks per game, and leads the conference in block-solos with 54. Harmony Gillett and Kristy Johnson are also in the top twenty in blocking, with averages of .79 and .62 respectively.

Stephanie Compton is also among the conference leaders at seventh in attacking, with a .262 hitting percentage. She is also seventh in serving, averaging .45 aces per game. Gretchen Graves is seventh, with an average of 7.06 assists per game.



1996 SAINT LEO VOLLEYBALL SCHEDULE/RESULTS

Date	Opponent	Affiliation	Site	Time/Result
Sept. 4	Webber College	NAIA	Babson Park, FL	W, 3-1
	Alabama-Huntsville Tournament			
Sept. 6	Alabama A&M	NCAA II	Huntsville, AL	L, 3-1
Sept. 6	University of West Georgia	NCAA II	Huntsville, AL	W, 3-1
Sept. 7	Mississippi Un. for Women	NCAA II	Huntsville, AL	L, 3-0
Sept. 7	Southern Indiana	NCAA II	Huntsville, AL	L, 3-0
Sept. 12	Palm Beach Alantic College	NAIA	W. Palm Beach, FL	L, 3-0
Sept. 18	Eckerd College*	NCAA II	St. Petersburg, FL	L, 3-1
	Francis Marion Tournament			
Sept. 21	Barton College	NCAA II	Florence, SC	L, 3-1
Sept. 21	UNC-Pembroke	NCAA II	Florence, SC	W, 3-2
Sept. 22	Erskine College	NCAA II	Florence, SC	W, 3-0
Sept. 22	Francis Marion Un.	NCAA II	Florence, SC	L, 3-0
Sept. 25	Barry University*	NCAA II	Miami Shores, FL	L, 3-0
Sept. 28	Un. of North Florida*	NCAA II	Jacksonville, FL	L, 3-0
Oct. 2	Florida Southern College*	NCAA II	Saint Leo, FL	L, 3-1
Oct. 3	University of Tampa*	NCAA II	Saint Leo, FL	L, 3-0
Oct. 6	Flagler College	NAIA	Saint Leo, FL	W, 3-2
Oct. 11	Florida Tech*	NCAA II	Saint Leo, FL	L, 3-0
Oct. 12	Clearwater Christian College	NAIA	Saint Leo, FL	W, 3-2
Oct. 15	Un. of North Florida*	NCAA II	Saint Leo, FL	L, 3-0
Oct. 16	Rollins College*	NCAA II	Winter Park, FL	L, 3-0
Oct. 18	*USC-Aiken Tournament*		Aiken, SC	L, 3-0
	USC-Aiken Tournament		Aiken, SC	L,3-0
Oct. 19	USC-Erskine			W, 3-2
	USC-Newberry			W, 3-2
Oct. 23	Eckerd College*	NCAA II	Saint Leo, College	L, 3-0
Oct. 25	Clearwater Christian College	NAIA	Clearwater, FL	L, 3-2
Oct. 26	Barry University*	NCAA II	Saint Leo, FL	L, 3-0
Oct. 29	Webber College	NAIA	Saint Leo, FL	W, 3-2
Oct. 31	Flagler College	NAIA	St. Augustine, FL	W, 3-2
Nov. 2	Florida Southern College	NCAA II	Lakeland, FL	L, 3-0
Nov. 2	Bentley College	NCAA II	Lakeland, FL	L, 3-1
Nov. 8	University of Tampa*	NCAA II	Tampa, FL	L, 3-0
Nov. 13	Florida Tech*	NCAA II	Melbourne, FL	7:30 pm
Nov. 16	Rollins College	NCAA II	Saint Leo, FL	7:30 pm

* Denotes Sunshine State Conference Game

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MEN'S BASKETBALL

S.I.C. 10/29/96

The Running Monarchs, under the direction of new head coach Mike Hanks, have 12 new players on this year's squad. The men will play scrimmages against the Alumina - Macedonia team from Brazil on Nov. 9 and the St. Petersburg AAU team on Nov. 12 before opening the regular season on Nov. 18 with Palm Beach Atlantic.

INTRAMURALS 1996-97

Suzanne Hollis, Director of Saint Leo's Recreation Department, has set up another outstanding year of events for intramural activities, everything from volleyball to whiffleball. Already the intramural organization has completed competition in 4 person sand volleyball, slow pitch softball, and is now forming teams for roller hockey, and starting flag football play.

In the tournaments already played, 4 person volleyball and softball, both involved double elimination tournaments with five teams entered in volleyball and six clubs entered in the softball league. As with any competition though, only one team could claim the championship title and in the volleyball playoffs the team included Beth Savick, Stephanie Baldwin, Juan Carlos Ruiz, and Steve Ricardi. Apparently, the competition didn't realize Beth and Stephanie were starters for our women's volleyball team last year.

The winning team in the men's softball competition consisted of eleven players as follows; Colin Sanders, Chris DeFranco, Kory Hill, Mike Coonan, Tom Filgate, Scott Cathcart, Chris Berding, John DeRozieres, Noah Thompson, Ron Caccippio.

As mentioned Hollis is putting together Flag Football and Roller Hockey tournaments for the month of November along with a Thanksgiving Trot on November 23. She is also planning a Basketball Fun Week for December 2-5 which will have a Free Throw Contest, a Hot Shot Contest, and several other events.

For the Spring semester Ms. Hollis will have league basketball, the Schick 3-on-3, soccer, tennis doubles, two person volleyball, and track and field competitions. So, start pulling teams together now or call Ms. Hollis for more information at extension 8358.

Rodriguez Attends Cambridge Course

by: Manny Perez

While most college students were off this past summer, either working on their tans or just working, Michael Rodriguez took a trip to Cambridge University. Rodriguez, a Saint Leo junior, enrolled in the Shakespeare Summer Course offered by Cambridge's Trinity College. The intensive six-week program covered an overview of English Literature, as well as the works of William Shakespeare.

How did Rodriguez rate the experience upon his return? "Extremely exhausting." Walking the same halls that Lord Byron and Issac Newton walked proved to be a heady experience for him. "I felt like I was right in the center of literary creativity." He remarked of his time spent at Cambridge, "To [study] where the poets I admire went, it was really kind of inspiring."

With the abundance of knowledge available at Cambridge, one can understand this admiration. There is also the realization of one's potential, as Rodriguez said, "If there's one thing I learned, it's that I still have so much more to learn."

Whatever the quantity of knowledge left for Rodriguez to learn, the quality of his knowledge, along with the appreciation of having attended the Cambridge course, will prove to be a boon to the Saint Leo College community.

English Honor Society Inducts New Members

by: Tina Mennella

"Sincerity, Truth, Design." This is the motto of Sigma Tau Delta, an international English honor society that cultivates an appreciation for great literary works and creative writing among students specializing in English. On October 10, 1996, six new members were inducted into the Alpha Alpha Alpha chapter at Saint Leo College. Presiding over the ceremony, in the Raleigh Greene Room, were the following dedicated officers: Charla Bauer, Michael Cunningham, Jay Kiley, Sue Monier, and Nancy Urling. Overseeing the entire event was our esteemed moderator, Ms. Maura Snyder, Associate Professor of English.

Several Faculty, students, and members were present to witness the acceptance of Brian Bertucci, Charla Cruz, Keith Hanson, Delorosa Kissaka, Germaine Robb, and Michael Rodriguez into this distinguished society. Each person signed the membership book and pledged to strive always to "express life in terms of truth and beauty."

Special recognition was given to Sylvia Torres for her outstanding service to our club and to Kelsey O'Brien, our little sister, for her supportive efforts in helping Sigma Tau Delta.

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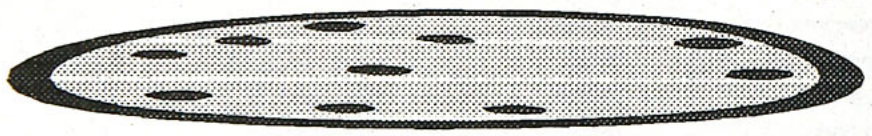


Lecture Series

Sigma Tau Delta is proud to announce that it will be sponsoring a lecture by Dr. Nicholas Samaras entitled "The Relevance of Poetry in the Modern World" on December 5, 1996 at 6 pm in the Nightly Grind coffee house. Dr. Samaras is an Assistant Professor of English here at Saint Leo College, and he is a well-established practicing poet who won the Yale Series of Younger Poets Award in 1991 with his *Hands of the Saddlemaker*. He is currently in the process of publishing another book of poetry, as well. It will prove to be a delightful and rewarding lecture. Everyone is welcome.

News From the Health Center : Battling the Bug

by: Virginia Weddington, RN, CRRN

Sneezes, snuffles, colds, and such are very common here in Florida at this time of year. Cold and "flu" are also the most frequent health complaints on college campuses nationwide, year-round. Colds and "flu" are caused by viruses not bacteria, so antibiotics won't help, and there's still no cure for these infections. However, you can recognize these and other common illnesses, treat their symptoms, and be alert for signs that professional medical help is required.

The common cold starts slowly. Most symptoms are "localized" and may include: sneezing, running nose, stuffy head, sore throat, cough, drowsiness, and fever *below* 100.5 F. Colds can last 7-10 days. Influenza, however, starts abruptly with "generalized" symptoms which may include: fever *over* 100.5 F, weakness, aches and pains, dry cough, headache, gastro-intestinal upset, running nose, sore throat, and sneezing. Usually symptoms begin to subside after 1-2 days although complete recovery may take a week or more.

Photo by Justin Godrey

Remember—: **Always seek help** if nasal mucus is yellow or green or there is pain in the ears, neck, or sinuses! To make mucus easier to cough up, use a cough medicine containing an expectorant. Try inhaling cool mist or steam. Gargle with warm, salt water [1 tsp salt in 8 oz glass of water]. If you smoke, this is a good time to finally quit. Seek help if coughing brings on sharp chest pain or lasts over 10 days. Just some reminders:

* When using a thermometer, shake the mercury into the bottom bulb with a few sharp flicks of the wrist. Place the thermometer under the tongue for at least three minutes. Avoid taking a temperature for fifteen minutes after a bath, hot or cold drink, meal, or cigarette.
* November 3 rd starts National HIV Awareness Week.
* Citrus Regional Blood Center will be at Saint Leo College November 13-14, 9:30 am - 5 pm. Being a blood donor - it's a little thing that makes a big difference!
* The Health Center is now open 9 am - 4 pm weekdays and is located in deChantel Hall. The phone number is (352) 588-8347. Please come in or call for answers and/or help with health care needs or concerns. R.N. assessment and treatment or referrals provided, as needed.

Blood Drive Schedule Sign Up Today !

Event location: Saint Leo College, November 13 & 14, 9:30 am - 5 pm

Survey showed that of all bad luck superstitions, unease surrounding the number thirteen is the one that affects the most people today- and in almost countless ways.

The French, for instance, never issue the house address thirteen. In Italy, the national lottery omits the number thirteen. National and international airlines skip the thirteenth row of seats on planes. In America, modern skyscrapers, condominiums, co-ops, and apartment buildings label the floor that follows twelve as fourteen. Recently, a psychological experiment tested the potency of the superstition: a new luxury apartment building with a floor temporarily numbered thirteen, rented units on all other floors, then only a few units on the thirteenth floor. When the floor number was changed to twelve-B, the unrented apartments quickly found takers.

How did this fear of the nuber thirteen, known as triskaidekaphobia, originate?

The notion goes back at least to Norse mythology in the pre-Christian era. There was a banquet at Valhalla, which twelve gods were invited. Loki, the spirit of strife and evil, gate-crashed, rasing the number present to thirteen. Issuing struggle to evict Loki, Balder, the favorite of the gods, was killed.

This is one of the earliest written references to misfortunes surrounding the number thirteen. From Scandinavia, the superstition spread south throughout Europe. By the dawn of the Christian era, it was well establish in counties along the Mediterranean. Then, folklorists claim, the belief was resoundingly reinforced, perhaps for all time, by history's most famous

meal, the Last Supper. Christ and his apostles numbered thirteen. Less than twenty-four hours after the meal, Christ was crucified.

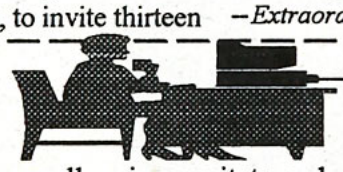
Mythologists have viewed the Norse legend as prefiguring the Christian banquet. They drew parallels between the traitor Judas and Loki, spirit of strife; and between Balder, the favorite god that was slain, and Christ, who was crucified. What is indisputable is that from the early Christian era onward, to invite thirteen guests for dinner was to court disaster.

As is true with any superstition, once a belief is laid down, people search, consciously or unconsciously, for events to fit the forecast. In 1798, for instance, a British publication, *Gentleman's Magazine,* fueled the thirteen superstition by quoting actuarial tables of the day, which revealed that, on the average, one out of every thirteen people in a room would die within the year. Earlier and later actuarial tables undoubtedly would have given different figures. Yet for many Britons at the time, it seemed that science had validated superstition.

Ironically, in America, thirteen should be viewed as a *lucky* number. It is part of many of our national symbols. On the back of the U.S. dollar bill, the incomplete pyramid has thirteen steps; the bald eagle clutches in on claw an olive branch with thirteen leaves and thirteen berries, and in the other he grasps thirteen arrows; there are thirteen stars above the eagle's head. All of that, or course, has nothing to do with superstition, but commemorates the country's original thirteen colonies, themselves an auspicious symbol.

—*Extraordinary Origins of Everyday Things,* Charles Panati

COPING WITH JOB & PERSONAL STRESS



Stress is the result of positive and negative demands on the body. Stress is both anticipated and experienced. Stress is an ongoing perception and reaction to the world in which we find ourselves. It is not necessarily negative, wrong or bad in and of itself. Stress can motivate and encourage individuals as well as incapacitate and discourage. Stress is essential to well being and without it individuals would not survive in a healthy and balanced state of mind or time.

* Clarify job description and role.
* Be organized.
* Focus your energy
* Be ruthless with your time.
* Set priorities.
* Breakdown large projects into manageable parts.
* Work toward clearly defined objectives or goals.
* Set reasonable deadlines for yourself.
* Avoid procrastination.
* Focus on intelligent alternatives.
* Negotiate the impossible.
* Ask for help.
* Delegate whenever you can.
* Conserve your energy.
* Intelligence is to survive, not to be right.
* Program time to relax.
* Relax when you don't have time.
* Have an emotional center.
* Maintain proper health.
* Stop smoking.
* Drink responsibly.
* Avoid stress carriers.
* Lead a balanced life.
* Accept what you cannot change.
* Dress up not down.

— taken in exerp from *A Practical Program of Time and Stress Management Techniques: the Fundamental Principles and Practices*, by G. Morgan Becker

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THE OUTDOORS CLUB

The Saint Leo College Outdoors Club had its first outing Saturday, October 26. The club went camping near the Hillsborough River in a wilderness area adjacent to the University of South Florida's Riverfront Park in Tampa. They received instruction on canoeing, and exercised their skills on the Hillsborough River. They also had the opportunity to practice their camping skills, and learn several important aspects of leading backcountry trips. Some topics included the proper techniques for setting-up different types of tents, how to start and maintain a safe campfire, group dynamics, and eating WELL in the outdoors. The weather was almost ideal for overnight camping, save for a few mosquitos. No rain, a light breeze, and a full moon made for a pleasant event. The purpose of the outing was to give training to the Outdoors Club members in hopes of preparing them to lead enjoyable outdoor trips safely and responsibly. Because there is so much to consider and learn before taking a group to a wilderness area, there will be more outings scheduled. Members can continue increasing their level of knowledge and experience by participating in different types of outings including backpacking, kayaking, and whitewater-rafting.

The Outdoors Club is open to all students. If you are interested in learning more, please attend a Monday meeting at 6:00 p.m. in the deChantal Hall Conference Room.

- Outdoors Club advisor: Heather Evenhouse x.8358, Outdoor Recreation

Scenes From a Successful Renaissance Fair

For a brief moment, the Saint Leo campus was alive with the sounds of jesters and jousters. Events ranging from a dunking booth to a magic show, from an archery contest to pony rides entertained Saint Leo students and their visiting family members. A highlight of the weekend was the Shakespeare Festival held in Celby Auditorium with scenes from Hamlet, Romeo and Juliet, Othelo, and a present-day parody of Macbeth. A authentic Medieval dinner on Saturday night, complete with serving wrenches and strolling minstrels, topped off the weekend.

above: The next Robin Hood concentrates on her target at the archery range.

above: Phong Chou, a jester, impresses with his juggling skills.

center :Two knights wage battle in the arena

Photos by Justin Godfrey